

**Scrutiny review of childhood obesity and sports provision for secondary and primary children:
draft questions for parents and carers.**

Introduction

Southwark Council's Children's Services and Education Scrutiny committee is doing a review on childhood obesity and sports provision for secondary and primary children and would like to gather the views of parents and carers on this topic.

Scrutiny committees are made up of elected councilors from all political parties as well as parent governor representatives and a head teacher representative. Scrutiny committees make recommendations to on how to improve council and local services.

The scrutiny committee will use the answers to these questions, and other evidence , to write a report making recommendations for improvements.

Thinking about eating and weight.

Questions for social media and questionnaire:

Do you have any comments on School meals?

Do you think there is enough information available on cooking and nutrition for parents and carers?

Do you think children learn enough about cooking and nutrition in school?

What do you think could be done to prevent childhood obesity and encourage healthy eating?

Questions for questionnaire only:

Are you concerned about your child's weight?

If you needed help for your child's weight, would you know how to get it?

Is there anything that could be done to make it easier for parents and carers to get help for their children, if needed?

Have you ever received any professional assistance to help your child achieve a healthy weight? If so how was the experience? How could it be improved?

Thinking about sports provision for children and young people

Questions for social media and questionnaire:

Do you think that there is adequate sports provision for children and young people?

Do you think there is sufficient variety on offer?

Do you think it is easy for young people to take part?

Is sports provision of good quality?

